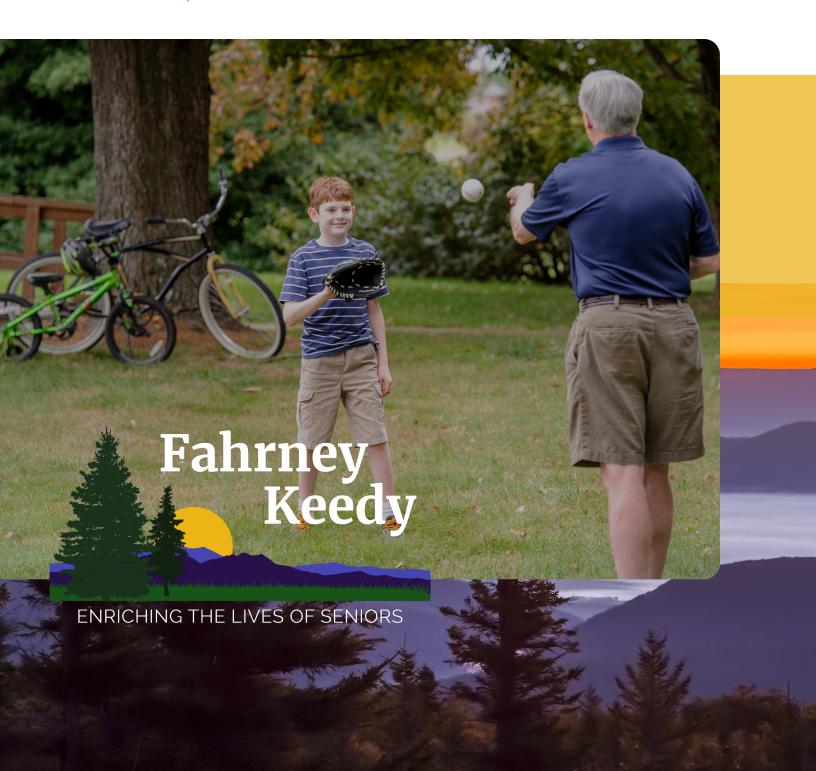
# MORE 70 EXPLORE

Discover the Beauty and Bounty of Fahrney Keedy's Life Plan Community (LPC)

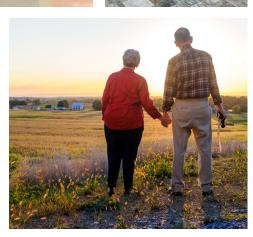
## **Fahrney Keedy Senior Living Community**

8507 Mapleville Road, Boonsboro, MD 21713









### The BEST

of rural living, with easy access to so much more!

Life at beautiful Fahrney Keedy connects you to everything on your wish list for an active, independent retirement. Come and experience:

- A welcoming small town lifestyle in Western Maryland
- The natural beauty of a wooded 147-acre campus with great mountain views
- Making friends easily, thanks to endless choices of activities, both on and off campus
- An ideal location about an hour's drive from Washington, DC or Baltimore, MD
- Affordable, individually unique homes, without the maintenance
- A variety of attractive, maintenance-free apartment options
- Know-you-like-family wellness and health care for a worry-free future
- Flexible plans offering a wide array of choices
- A short drive to restaurants and shops in nearby Boonsboro, Hagerstown, and Frederick
- The value of the most affordable Senior Living Community in the area where you pay only for what you need



#### WELCOME

of our compassionate, faith-based care for seniors began in 1905 with a gift of land and buildings dedicated to that purpose from Dr. Peter Fahrney. In 1952, a bequest from Clarence Keedy of Hagerstown supported our expansion—and the addition of staff—to be sure that personal attention remained at the heart of all we do today. Our spiritual Care Program remains a favorite among residents, and our reputation for know-you-like-family quality care is as strong as ever. Welcome to our second century of putting seniors first.

## Adding value is a tradition we hold dear.

Fahrney Keedy is a warm and welcoming community where we know each resident personally. That helps us continually make the kind of additions and improvements seniors find most enjoyable and enriching. With our residents in mind, we are adding 36 new Independent Living units featuring 6 different floor plans. Yet we remain one of the most affordable Life Plan Communities in the area among those offering a comparable Continuum of Care. That's a tradition our residents truly value, and so will you.

## Welcome to Fahrney Keedy!





## Take advantage of a spectacular location

Independent seniors choose Fahrney Keedy for so many reasons. A serene rural location that boasts easy access to world class activities is certainly a big one.

Historic Hagerstown, Boonsboro, and Frederick are resident favorites for off-campus dining, shopping, and more. In just minutes you can be enjoying the local flavor of country fairs, farmers markets, antique shops, and a tantalizing array of boutiques and restaurants.

Easy access to Interstate 70 makes both Washington DC and Baltimore popular destinations for big city pleasures. Interstate 81 points North and South into Virginia, West Virginia and Pennsylvania. Professional sporting events, globally acclaimed arts and culture, and extensive shopping and dining opportunities are all within a comfortable driving distance.

For fresh air adventures, state parks, numerous golf courses, and famous historic sites such as Antietam and Gettysburg are all within an hour's drive of the community.

# Live well, enjoy more at the most affordable LPC in the region

Fahrney Keedy's commitment to fiscal responsibility is reflected in the value we offer our residents. Most seniors who call our community home shop around when planning their next move. They tell us Fahrney Keedy was their best choice for affordability, quality, and a comparable continuum of care and personal attention.

### **Consider these Advantages**

Very affordable monthly fee, plus maintenancefree living saves you the expense and hassle of home upkeep.

You pay only for services you are going to use. Residents enjoy the independence and practicality of making the choices best for them.

Our meal plan is an option, not a requirement.

We have affordable home choices in greater variety. Our maintenance-free independent living cottages are one-of-a-kind homes in a neighborhood setting while our maintenance-free apartment options offer equally individualized choices in terms of size, layout, and location.

## **KNOW-YOU-LIKE-FAMILY**

**Health and Wellness Care** 

At Fahrney Keedy, we believe in a personal and compassionate approach to quality healthcare and wellness. Should you or a loved one require rehabilitation, assisted living services, or skilled nursing care, our experienced staff will take time to know you as the unique person you are. And we will always do our best to make you feel like family.

Our expert staff is committed to continuing education, training and certifications to be sure our Continuum of high quality Care Services is among the best you can receive.

Living in our beautiful LPC allows you to give your family, and yourself, the gift of a worry-free future.



Pastoral care and social services offer additional support and assistance.

All the pleasures of home, but none of the work



Here at beautiful Fahrney Keedy, every residence can be personalized to reflect your idea of home sweet home. And lower monthly fees come standard.

Each of our independent living cottages is one-of-a-kind, has an attached garage, and is located on a tree-lined neighborhood street. Each is built or renovated for the active senior life-





style you want to live now. Select the size and floor plan. Then, we take care of the maintenance so you can take care of enjoying life to the fullest.

If you prefer the comforts of apartment living, we offer a variety of warm and welcoming maintenance-free options. For independent living, choose from apartment building residencies in a wide range of sizes and layouts, or residences located among the cottages.

We want you to find a home where you will feel secure and happy. Our emergency staff is on call around the clock and included in all contract options.

A personal and compassionate approach to quality healthcare and wellness





## **Retirement Your Way**

At Fahrney Keedy, you can enjoy the freedom and flexibility of living your retirement your way. That includes the peace of mind of having future healthcare right on site.

### Breathe deep and relax

Our rolling, wooded 147-acre campus is open and spacious with inspiring mountain views. One-of-a-kind cottages give our independent living neighborhoods the character of a real hometown. Affordable residence choices let you find the carefree retirement home you envision.

Here, your time is your own. You can dine when and where you like and engage in as many campus activities as you wish. You can embrace serene rural living. Or combine it with endless off-campus adventures—from local color, to big city happenings, to visiting historic sites, recreational venues, and more.

Enjoy your sense of belonging. At Fahrney Keedy, new friendships, fresh interests, and spiritual beliefs go hand-

in-hand. Residents suggest ideas for activities and socializing opportunities. We offer inclusive Chapel Services and an expansive spiritual Fellowship. Our caregivers embody compassion and respect for every person as an individual.

Even your financial well-being finds a home here. We were founded by the Church of the Brethren and are managed by a non-profit board of directors with an emphasis on financial stability and enhancements that enrich residents' lives.



## SKILLED NURSING

**Services** Include

Restorative care

Quality nursing care

Respite care

Podiatry care

Hospice

Wound care

Homestyle meals

Special diets

Personal Laundry Service

Transportation

Activities

Our compassionate and dedicated staff are available around the clock to provide the highest quality of personalized care.

Fahrney Keedy is licensed as a fully certified Medicare/Medicaid facility. We foster a nurturing and caring environment while meeting the physical, spiritual, and emotional needs of seniors in our care. Pastoral care and social services personnel are committed to being available for compassionate support and assistance for family and friends.

Our large, short-term rehab unit is essential for helping bridge the gap between today's shorter hospital stays and home recovery.

For more information on our Skilled Nursing Facility please call 301.733.6284

Maryland Department of Health, Office of Health Care Quality License #21006



Quality, compassionate care in a nurturing environment

# MEMORY CARE/ ASSISTED LIVING

Families can feel secure that loved ones with memory loss are receiving the best of care, kindness, and personal attention. The memory care center specializes in senior memory care for persons with Alzheimer's and other memory impairment, including dementia. We provide security and privacy in comfortable, home-like surroundings.

### For more information on our Memory Care and Assisted Living Facility please call 301.733.6284

Maryland Department of Health, Office of Health Care Quality License #21A1006-L

### **Our** Services

Our experienced Assisted Living and Memory Care staff specialize in providing warm and engaging companionship. Services include...

- Prepared Meals (3 per day)
- Interactive Activities
- Scheduled Transportation
- Personal Laundry
- Housekeeping
- Assistance with Daily Living Activities and Medication Management

## **State of the Art Facility**

Featuring...

50 private rooms

Full bath

Dining and activities areas

Country kitchen

Family parlor

Household living area

Bright and airy conservatory



# ADULT DAY CENTER & COMMUNITY CENTER

### **Services** Include

Transportation to and from the Center

Medication management

Outings and activities

Breakfast, lunch and snack provided

Skilled nursing, nursing assessment and oversight

Social services

Daily living skills training

Personal care

Physical, Occupational, and Speech therapies with order from physician

Assistance with ADLs

Secure patio and garden area

Let us help you help your loved one! We serve adults who do not need 24/7 inpatient care, but due to illness or disability cannot safely live independently full time; older adults who feel isolated and desire friendship and social activities. We also serve those with Alzheimer's disease or other cognitive issues.

Hours of operation: M - F, 8 a.m. - 4 p.m.

The purpose of Fahrney Keedy Adult Day Services is to provide a safe and secure environment where participants can receive needed medical supervision and coordination of care, while also having the opportunity to engage in a variety of different activities tailored to their interests and needs.

For more information on our Adult Day Center please call 301.733.6284

Maryland Department of Health, Office of Health Care Quality License #21-006



MORE TO EXPLORE MORE TO EXPLORE 11

# **OUTPATIENT REHAB**

A Brand New Facility Located in Our Community Center

Outpatient Rehab at Fahrney Keedy is a comprehensive rehabilitation center, and we are dedicated to serving clients in the tri-state area for their rehabilitation needs.

We offer a full array of physical, occupational, and speech therapy services, and our rehab center features a convenient drop-off area at the front door, with handicap and wheelchair accessibility, as well as plenty of free parking.

## Hours of operation M - Th, 7 am - 6 pm, and Fri 7 am - 4 pm

Accepting private insurance, Medicare, Workman's Comp and Motor Vehicle Accident Insurance, we are licensed through the Department of Health & Human Services, Centers for Medicare and Medicaid Services, License #MDFK919

For more information on Outpatient Rehab please call 301.733.6284

## **Our Services**

Our outpatient rehab staff specializes in providing responsive and appropriate care. We help patients address a range of issues including those related to...

- Knees
- Pre- and post-surgical care
- Balance
- Acute and chronic pain
- Urinary incontinence
- Parkinson's and other neurological conditions
- Speech therapy
- Occupational therapy
- Swallowing and cognitive difficulty



## **A Modern Facility**

Featuring...

**NuStep** machines

**Treadmills** 

Lateral stability trainer

Weights

TheraBand:

Recumbent bikes

E-stim, ultrasound and shortwave diathermy

## Amenities Our

**IL Residents Prefer** 

Community center with kitchen, and fireplace

Library

Beauty and barber shop

Gift shop

Picnic area and gazebo

Community gardening area

Maintenance-free living

At Fahrney Keedy, live your best life in our Independent Living community. Meet new friends. Join the book club. Play a game of cards. The possibilities are endless! We are currently expanding our community to include additional duplexes, cottages, and quadruplexes—all coming soon.

For more information on Independent Living please call 301.733.6284

INDEPENDENT LIVING



# **Participate in**These Activities

Weekly church service led by our staff chaplain

Scheduled outings

Independent Living Residents Association (ILRA) meeting

Social gatherings, parties, and much more!

# Independent Living COTTAGES

## Single Family, Duplex and Quadraplex Options

**Upgrade Options**: Screened-in porch, Sunroom options, Interior finish options, Bathroom upgrades, Fireplace upgrades

# Harmony - Quadraplex

Harmony entrance fee starting at \$350,000

## **Property** Details

- 2 Bedroom / 2 Bath
- Single-car garage
- Covered porches
- Optional enclosed sunroom
- 1,387 ft<sup>2</sup> interior space
- Additional 125 ft<sup>2</sup> sunroom option
- 349 ft<sup>2</sup> garage / mechanical space





## Encore entrance fee starting at \$400,000

## Encore - Duplex

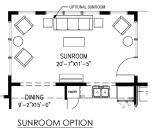


Front Elevation

## **Property** Details

- 2 Bedroom / 2 Bath
  - 2-car garage
  - Covered porches
- Optional enclosed sunroom
- 1,462 ft<sup>2</sup> interior space
  - Additional 255 ft<sup>2</sup> sunroom option
  - 676 ft² garage/ < mechanical space





CONDITIONED SPACE: 1,759 SF

UNCONDITIONED SPACE
GARAGE (2 CAR): 553 SF
PORCHES: 93 SF

# Independent Living COTTAGES (cont.)

## Single Family, Duplex and Quadraplex Options

**Upgrade Options**: Screened-in porch, Sunroom options, Interior finish options, Bathroom upgrades, Fireplace upgrades

## Legato - Duplex

Legato entrance fee starting at \$400,000

### **Property** Details

- 2 Bedroom / 2 Bath
- 2-car garage
- Covered porches
- Optional enclosed sunroom
- 1,390 ft<sup>2</sup> interior space
- Additional 255 ft<sup>2</sup> sunroom option
- 687 ft<sup>2</sup> garage / mechanical space





# Rhapsody entrance fee starting at \$425,000

## Rhapsody - Duplex



Front Elevation

## **Property** Details

- 2 Bedroom / 2 Bath
  - 2-car garage
  - Covered porches
- Optional enclosed sunroom
- 1,462 ft<sup>2</sup> interior space
  - Additional 255 ft<sup>2</sup> sunroom option
  - 676 ft<sup>2</sup> garage/ mechanical space





# Independent Living COTTAGES (cont.)

## Single Family, Duplex and Quadraplex Options

**Upgrade Options**: Screened-in porch, Sunroom options, Interior finish options, Bathroom upgrades, Fireplace upgrades

# Crescendo -Single Family

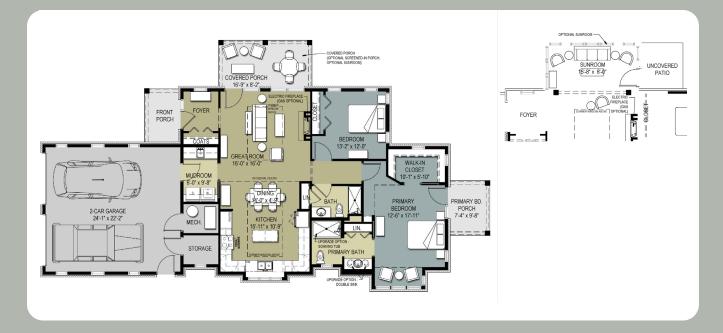
Crescendo entrance fee starting at \$450,000

## **Property** Details

- 2 Bedroom / 2 Bath
- 2-car garage
- Covered porches
- Optional enclosed sunroom
- 1,508 ft<sup>2</sup> interior space
- Additional 145 ft<sup>2</sup> sunroom option
- 628 ft<sup>2</sup> garage / mechanical space











# Cadenza -Single Family

Cadenza entrance fee starting at \$450,000

## **Property** Details

- 2 Bedroom / 2 Bath
  - Den
  - 2-car garage
  - Covered porches <
- Optional enclosed sunroom
  - 1,628 ft<sup>2</sup> interior space
- Additional 145 ft<sup>2</sup> sunroom option
- 628 ft<sup>2</sup> garage / mechanical space





## **LEGEND**

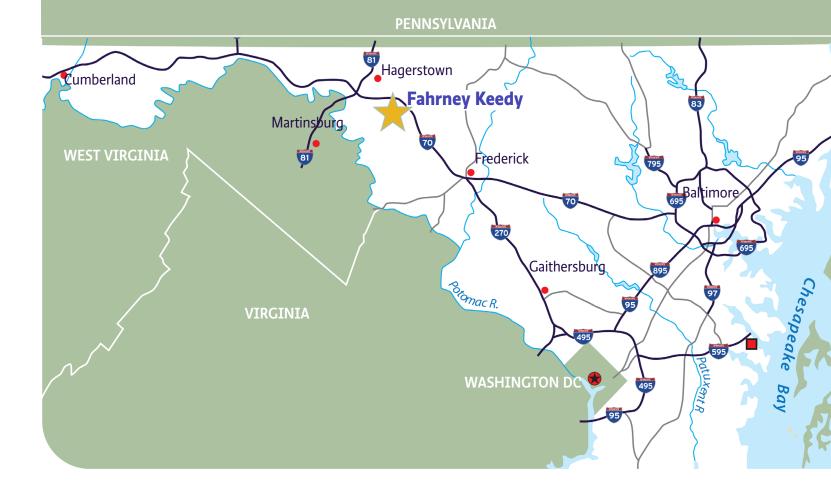
- 1. New Independent Living Cottage Development (36 Units Total)
- 2. New Storm Water Retention Basins
- 3. Bowman Center Renovation and Expansion
- 4. Community Center and Adult Day Care Facility

## **Explore life at Fahrney Keedy Senior Living Community**

A moderate climate lets you enjoy the full beauty of all four seasons. Stretch your legs. Take in the mountain views. Enjoy warm and connected country living year 'round.

- 24 miles to Frederick
- 8 miles to Hagerstown
- 2.4 miles to I-70
- 13 miles to I-81
- 70 miles to Baltimore
- 64 miles to Washington DC

8507 Mapleville Road, Boonsboro, MD 21713



Thurston Griggs Trail (1)

Beaver Creek

Mason Dixon Dragway

**Fahrney Keedy** 

Mt Lena

Beaver Creek Country Club

Mapleville

Sheetz 🖽

## BEAUTIFUL RURAL LIVING

with easy access

# to endless activities

### From Baltimore Area:

- Take I-70 West (67 miles) • Take Exit 35 for MD-66
- toward Boonsboro (27 miles)
- Left onto Mapleville Road, we are on the left

### From Washington DC area:

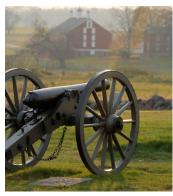
- Take I-270 North (32 miles)
- Take Exit 32 to merge onto I-70 West (22 miles) • Take Exit 35 for MD-66
- toward Boonsboro (27 miles)
- Left onto Mapleville Road, we are on the left

www.fkhv.org

| MORE TO EXPLORE MORE TO EXPLORE | 21









## Connect with a lifetime of things to do

When you call Fahrney Keedy home, the options for off-campus adventures are limitless. Family and friends will love to visit and everyday life can be as full as you choose.

### **Local Color:**

### FREDERICK, Maryland

Restaurants, Boutiques, Antique Shops Festival of the Arts Weekly Farmers Markets Frederick County Fair

#### **HAGERSTOWN**, Maryland

Restaurants, Boutiques, Antique Shops Civil War Battlefield Sites Arts & Entertainment District Maryland Theatre

#### **OTHER ATTRACTIONS NEARBY**

Numerous Golf Courses Gettysburg, PA Gambrill State Park Cunningham Falls State Park Antietam National Battlefield Historic Boonsboro, Maryland

## **Major Urban Centers:**

### WASHINGTON, D.C.

Nation's Capitol Sightseeing Smithsonian Institution Art Galleries, Museums, Performing Arts Six Professional Sports Teams World-Class Dining, Shopping

#### **BALTIMORE**, Maryland

Fell's Point Waterfront, Harbor Place Art Galleries, Museums, Performing Arts National Aquarium World-Class Dining, Shopping Professional Sports Teams, NFL, MLB



- 1. Small town lifestyle in scenic Western Maryland
  - 2. Easy access to popular urban centers
- 3. Choices—be as engaged on campus or as adventurous off campus as you wish
  - 4. Best value—pay for only what you use, lower monthly maintenance fees
    - 5. No current dining requirement, vibrant local dining scene
    - 6. Independent living in real homes in hometown neighborhoods
    - 7. Widest variety of affordable maintenance-free living choices
      - 8. Full service, high quality continuum of care services
        - 9. Know-you-like-family personal attention
          - 10. Non-profit and faith-based

Call 301.733.6284 to experience beautiful rural living and connect with a lifetime of enriching activities.



